

# 2025 Pradosham Calendar

Find the Best Times to Worship Lord Shiva



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# 2025 Pradosham Calendar

Pradosham occurs twice every lunar month, specifically on the thirteenth lunar day (trayodashi) of each fortnight in the Hindu calendar. This is the best time to connect with the Lord Shiva and seek HIS blessings for our spiritual/material journey.

Pradosham, also spelled as Pradosha, derives its name from the term “Pradosh,” which refers to the twilight period – the fleeting moments just before sunset and immediately after sunset. It is during this juncture that Pradosham unfolds, and it is believed that Lord Shiva, the Supreme Deity, is at his most benevolent and accessible during this time.

Pradosham is not just an ordinary event; it is a spiritual harvest, a moment of connection with the divine, and an opportunity for inner transformation. It offers solace in troubled times, dispels negativity, and paves the way for personal growth and enlightenment.

## Unlock Personalized Pradosham Rituals

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# 2025 Pradosham Dates

DATE	TIMINGS	PRADHOSAM
<b>11</b> JANUARY <i>Saturday</i>	08:21, Jan 11 to 06:33, Jan 12 (🇮🇳 IST) 02:51, Jan 11 to 01:03, Jan 12 (🇬🇧 BST) 21:51, Jan 10 to 20:03, Jan 11 (🇺🇸 EST)	Shani Pradosh Vrat
<b>26</b> JANUARY <i>Sunday</i>	15:24, Jan 26 to 15:04, Jan 27 (🇬🇧 BST) 10:24, Jan 26 to 10:04, Jan 27 (🇺🇸 EST)	
<b>27</b> JANUARY <i>Monday</i>	20:54, Jan 26 to 20:34, Jan 27 (🇮🇳 IST)	Soma Pradosh Vrat
<b>09</b> February <i>Sunday</i>	19:25, Feb 09 to 18:57, Feb 10 (🇮🇳 IST) 13:55, Feb 09 to 13:27, Feb 10 (🇬🇧 BST) 08:55, Feb 09 to 08:27, Feb 10 (🇺🇸 EST)	
<b>25</b> February <i>Tuesday</i>	12:47, Feb 25 to 11:08, Feb 26 (🇮🇳 IST) 07:17, Feb 25 to 05:38, Feb 26 (🇬🇧 BST) 02:17, Feb 25 to 00:38, Feb 26 (🇺🇸 EST)	Bhauma Pradosh Vrat
<b>11</b> March <i>Tuesday</i>	08:13, Mar 11 to 09:11, Mar 12 (🇮🇳 IST) 02:43, Mar 11 to 03:41, Mar 12 (🇬🇧 BST) 22:43, Mar 10 to 23:41, Mar 11 (🇺🇸 EST)	Bhauma Pradosh Vrat
<b>26</b> March <i>Wednesday</i>	20:12, Mar 26 to 17:33, Mar 27 (🇬🇧 BST) 16:12, Mar 26 to 13:33, Mar 27 (🇺🇸 EST)	

# 2025 Pradosham Dates

DATE	TIMINGS	PRADHOSAM
<b>27</b> March <i>Thursday</i>	01:42, Mar 27 to 23:03, Mar 27 (🇮🇳 IST)	
<b>09</b> April <i>Wednesday</i>	18:25, Apr 09 to 20:30, Apr 10 (🇬🇧 BST) 13:25, Apr 09 to 15:30, Apr 10 (🇺🇸 EST)	
<b>10</b> April <i>Thursday</i>	22:55, Apr 09 to 01:00, Apr 11 (🇮🇳 IST)	
<b>25</b> April <i>Friday</i>	11:44, Apr 25 to 08:27, Apr 26 (🇮🇳 IST) 07:14, Apr 25 to 03:57, Apr 26 (🇬🇧 BST) 02:14, Apr 25 to 22:57, Apr 25 (🇺🇸 EST)	
<b>09</b> May <i>Friday</i>	14:56, May 09 to 17:29, May 10 (🇮🇳 IST) 10:26, May 09 to 12:59, May 10 (🇬🇧 BST) 05:26, May 09 to 07:59, May 10 (🇺🇸 EST)	
<b>24</b> May <i>Saturday</i>	19:20, May 24 to 15:51, May 25 (🇮🇳 IST) 14:50, May 24 to 11:21, May 25 (🇬🇧 BST) 09:50, May 24 to 06:21, May 25 (🇺🇸 EST)	<b>Shani Pradosh Vrat</b>

# 2025 Pradosham Dates

DATE	TIMINGS	PRADHOSAM
<b>08</b> June Sunday	07:17, Jun 08 to 09:35, Jun 09 (🇮🇳 IST) 02:47, Jun 08 to 05:05, Jun 09 (🇬🇧 BST) 21:47, Jun 07 to 00:05, Jun 09 (🇺🇸 EST)	
<b>22</b> June Sunday	20:51, Jun 22 to 17:39, Jun 23 (🇬🇧 BST) 15:51, Jun 22 to 12:39, Jun 23 (🇺🇸 EST)	
<b>23</b> June Monday	01:21, Jun 23 to 22:09, Jun 23 (🇮🇳 IST)	Soma Pradosh Vrat
<b>07</b> July Monday	18:40, Jul 07 to 20:08, Jul 08 (🇬🇧 BST) 13:40, Jul 07 to 15:08, Jul 08 (🇺🇸 EST)	Soma Pradosh Vrat
<b>08</b> July Tuesday	23:10, Jul 07 to 00:38, Jul 09 (🇮🇳 IST)	Bhauma Pradosh Vrat
<b>21</b> July Monday	21:35, Jul 21 to 19:09, Jul 22 (🇺🇸 EST)	Soma Pradosh Vrat
<b>22</b> July Tuesday	07:05, Jul 22 to 04:39, Jul 23 (🇮🇳 IST) 02:35, Jul 22 to 00:09, Jul 23 (🇬🇧 BST)	Bhauma Pradosh Vrat

# 2025 Pradosham Dates

DATE	TIMINGS	PRADHOSAM
<b>06</b> August <i>Wednesday</i>	14:08, Aug 06 to 14:27, Aug 07 (🇮🇳 IST) 09:38, Aug 06 to 09:57, Aug 07 (🇬🇧 BST) 04:38, Aug 06 to 04:57, Aug 07 (🇺🇸 EST)	
<b>20</b> August <i>Wednesday</i>	13:58, Aug 20 to 12:44, Aug 21 (🇮🇳 IST) 09:28, Aug 20 to 08:14, Aug 21 (🇬🇧 BST) 04:28, Aug 20 to 03:14, Aug 21 (🇺🇸 EST)	
<b>04</b> September <i>Thursday</i>	18:38, Sep 04 to 17:42, Sep 05 (🇺🇸 EST)	
<b>05</b> September <i>Friday</i>	04:08, Sep 05 to 03:12, Sep 06 (🇮🇳 IST) 23:38, Sep 04 to 22:42, Sep 05 (🇬🇧 BST)	
<b>18</b> September <i>Thursday</i>	18:54, Sep 18 to 19:06, Sep 19 (🇬🇧 BST) 13:54, Sep 18 to 14:06, Sep 19 (🇺🇸 EST)	
<b>19</b> September <i>Friday</i>	23:24, Sep 18 to 23:36, Sep 19 (🇮🇳 IST)	
<b>04</b> October <i>Saturday</i>	17:09, Oct 04 to 15:03, Oct 05 (🇮🇳 IST) 12:39, Oct 04 to 10:33, Oct 05 (🇬🇧 BST) 07:39, Oct 04 to 05:33, Oct 05 (🇺🇸 EST)	<b>Shani Pradosh            Vrat</b>

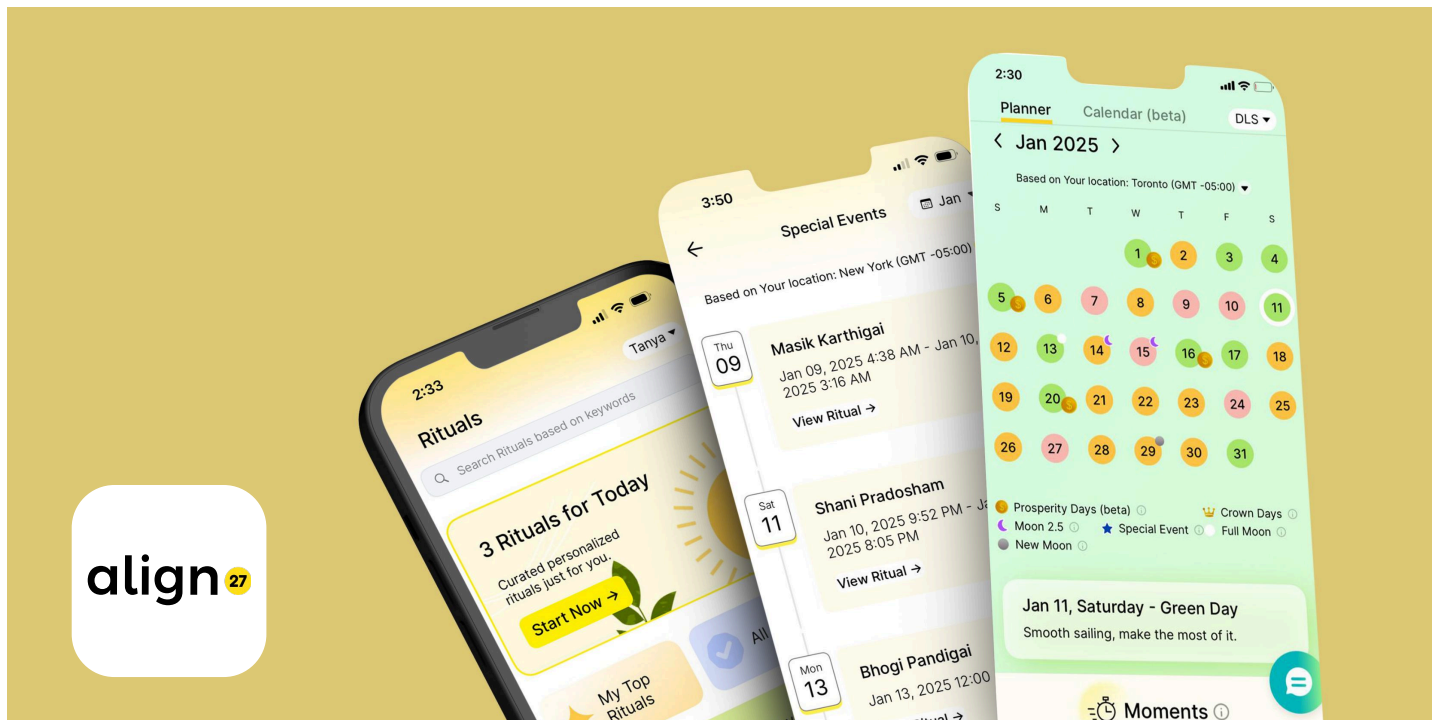
# 2025 Pradosham Dates

DATE	TIMINGS	PRADHOSAM
<b>18</b> October Saturday	12:18, Oct 18 to 13:51, Oct 19 (🇮🇳 IST) 07:48, Oct 18 to 09:21, Oct 19 (🇬🇧 BST) 02:48, Oct 18 to 04:21, Oct 19 (🇺🇸 EST)	Shani Pradosh Vrat
<b>02</b> November Sunday	18:37, Nov 02 to 15:35, Nov 03 (🇺🇸 EST)	
<b>03</b> November Monday	05:07, Nov 03 to 02:05, Nov 04 (🇮🇳 IST) 23:37, Nov 02 to 20:35, Nov 03 (🇬🇧 BST)	Soma Pradosh Vrat
<b>17</b> November Monday	04:47, Nov 17 to 07:12, Nov 18 (🇮🇳 IST) 23:17, Nov 16 to 01:42, Nov 18 (🇬🇧 BST) 18:17, Nov 16 to 20:42, Nov 17 (🇺🇸 EST)	Soma Pradosh Vrat
<b>02</b> December Tuesday	15:57, Dec 02 to 12:25, Dec 03 (🇮🇳 IST) 10:27, Dec 02 to 06:55, Dec 03 (🇬🇧 BST) 05:27, Dec 02 to 01:55, Dec 03 (🇺🇸 EST)	Bhauma Pradosh Vrat
<b>16</b> December Tuesday	13:27, Dec 16 to 16:02, Dec 17 (🇺🇸 EST)	Bhauma Pradosh Vrat
<b>17</b> December Wednesday	23:57, Dec 16 to 02:32, Dec 18 (🇮🇳 IST) 18:27, Dec 16 to 21:02, Dec 17 (🇬🇧 BST)	



# 2025 Pradosham Dates

DATE	TIMINGS	PRADHOSAM
<b>31</b> December Wednesday	15:17, Dec 31 to 11:52, Jan 01 (🇺🇸 EST)	



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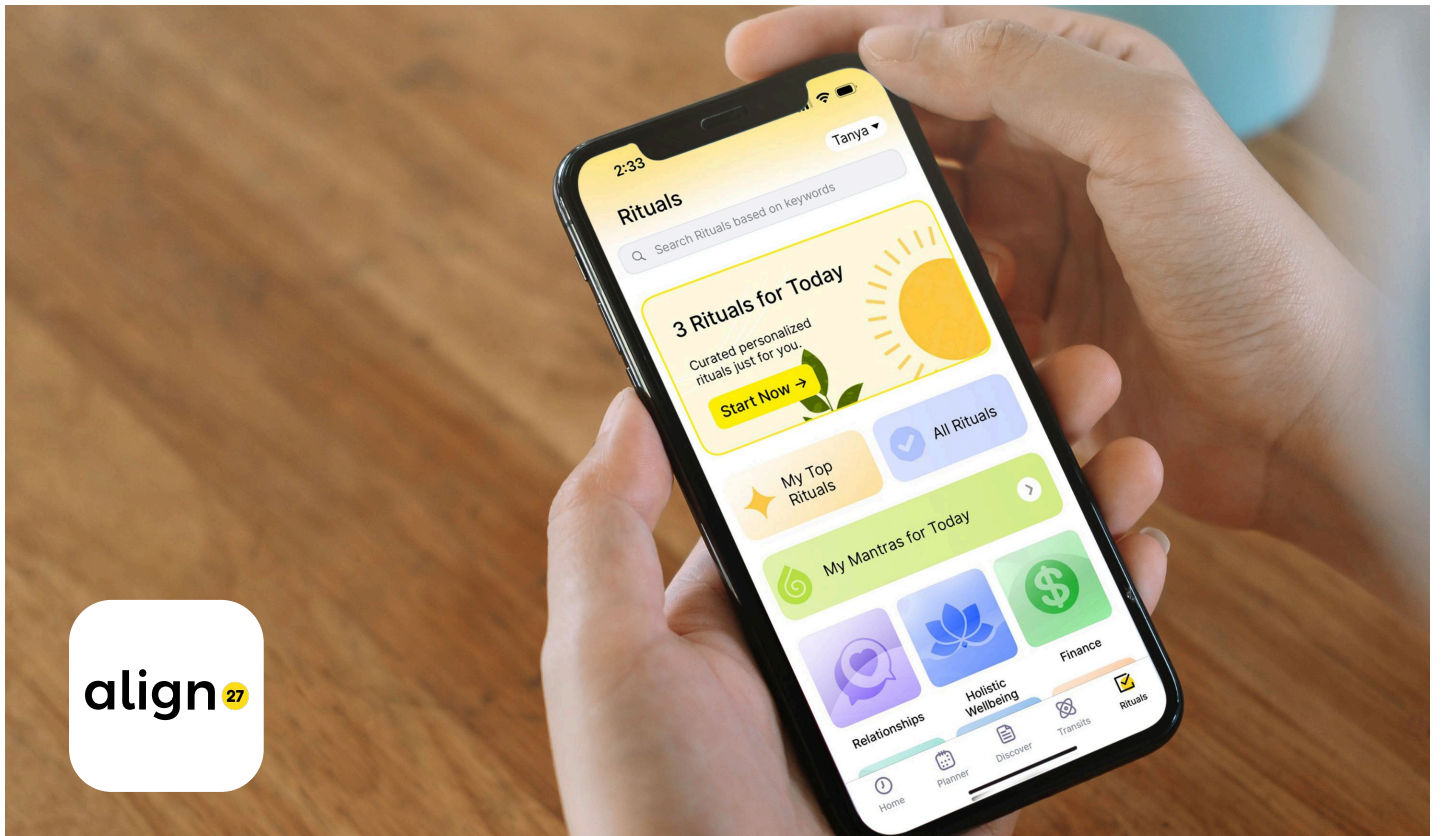
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# Pradosham Rituals for Prosperity ✨

## ❖ Chanting the Powerful Shiva Mantra 🕉️ – Om Namah Shivaya 108

**Times:** This practice is not only a way to invoke the divine presence of Lord Shiva but also an act of spiritual purification. It helps clear the mind, remove negativity, and create a sense of inner peace and harmony, which are essential foundations for prosperity.

❖ **Embracing the 🕉️ Shiv Tandav Stotram:** During the auspicious Pradosh Kalam, devotees often listen to or chant the Shiv Tandav Stotram, a hymn that extols the magnificence of Lord Shiva. It is said that this ritual has the potential to invoke the blessings of Goddess Lakshmi, who is known as the goddess of wealth and prosperity. By performing this sacred practice, devotees seek not only spiritual enlightenment but also the fulfillment of their material desires.



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# Shani Pradosham

When Pradosh falls on a Saturday it is referred to as “Shani Pradosh” or “Shani Trayodashi”. Pradosh is one of the best days to do remedies for Shani (Saturn).

# Shani Pradosham Rituals ✨

- ❖ **Worship 🙏 Lord Hanuman with Hanuman Chalisa:** Devotion to Lord Hanuman is believed to bring protection and strength. Reciting or listening to the Hanuman Chalisa, a sacred hymn dedicated to Lord Hanuman, is considered one of the most effective remedies for managing Saturn's influence. To learn more about the significance of this practice, visit [cosmic27.com/hanuman](https://cosmic27.com/hanuman).
- ❖ **Embrace the ✨ Healing Power of Sri Rudram:** Sri Rudram is a powerful Vedic chant dedicated to Lord Rudra. Listening to or reciting Sri Rudram in a meditative state can help cleanse the mind and soul, offering solace and manifestation powers.
- ❖ **Chant 🕉️ Aum Namah Shivaya:** The sacred mantra "Aum Namah Shivaya" invokes the blessings of Lord Shiva and can be chanted 1008 times or 108 times to promote inner peace, balance, and spiritual awakening.

[See More Rituals →](#)



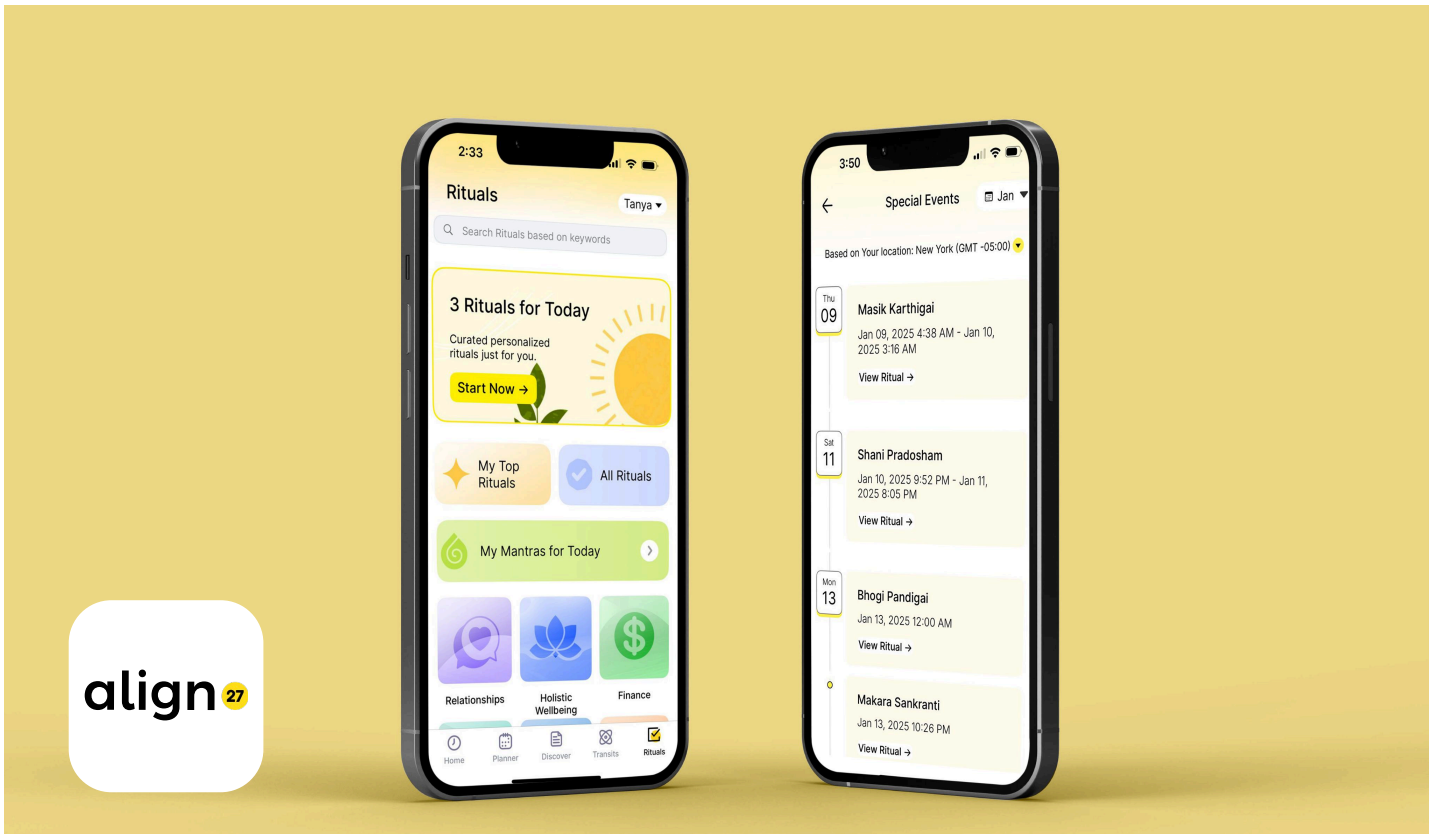
# Bhauma Pradosham



# Bhauma Pradosham Rituals ✨

- ❖ **Abhishekam to Lord Shiva at 🌇 Sunset:** Performing Abhishekam to Lord Shiva during the sunset, especially when Trayodashi Tithi (the thirteenth lunar day) is prevailing, is a sacred act of devotion. This ritual is often accompanied by the recitation of Sri Rudram, a Vedic hymn dedicated to Lord Rudra, a form of Lord Shiva. To learn more about how to perform Abhishekam, you can visit [cosmic27.com/abhishek](https://cosmic27.com/abhishek).
- ❖ **Embracing the Skanda 🌸 Guru Kavacham:** Listening to the Skanda Guru Kavacham is a practice that reveres Lord Karthikeya as the divine teacher and protector. This powerful composition invokes the blessings and guidance of Lord Karthikeya, helping devotees navigate life's challenges with wisdom and grace.

[See More Rituals →](#)



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